



prayer ministry after care

SUGGESTED STEPS TO FOLLOW TO HELP YOU MAINTAIN YOUR FREEDOM

Freedom in Christ is God's gift to you at the cost of the life-blood of His beloved Son. It needs to be guarded carefully and worked out diligently in daily living.

The ministry of freedom is the working of the grace of God in your life by the Holy Spirit. He relies on your active cooperation:

- To exercise the Lordship of Jesus Christ in areas that were previously used by the enemy for his
- To help you to reach your potential and fulfillment where before you experienced frustration and disappointment.
- To restore you to victories and to lift you to new levels of spiritual understanding for the glory of

The following steps are suggested for daily use to help you.

"Wherefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling. For it is God which works in you both to will and to do for His good pleasure."

1. Confess the general areas in which you have received freedom positively and gratefully in prayer. Don't allow any negative thoughts to grow.
2. Meet each new day trusting in God's power to help you make right choices. Don't let your thoughts or your feelings deceive you.

Galatians 3:3 *"Are you so foolish? Having begun in the Spirit, are you now made perfect by the flesh?"*

3. Expect continuous and increasing freedom where the enemy had previously bound you or used you for his purposes. Move forward in faith-don't look back.

Philippians 3:13-14 *"No dear brothers and sisters, I am still not all I should be, but I am focusing all my energies on this one thing: forgetting the past and looking forward to what lies ahead, I strain to reach the end of the race"*



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and receive the prize for which God, through Christ Jesus, is calling us up to heaven."

4. Remember, anything the enemy whispers into your ear is a lie. He's called the Father of Lies and he's very skilled at it (John 8:44). When he tries to convince you that freedom didn't really happen but was all in your mind or just an emotional experience, use your shield of faith against him. He will eventually give up. James 4:7 "He gives us more and more strength to stand against such evil desires. As the Scriptures say, 'God sets himself against the proud, but he show favor to the humble' So humble yourselves before God. Resist the Devil, and he will flee from you."
5. Don't hesitate to use the name of Jesus, the blood of the Lamb and your confession of faith against all of Satan's temptations and condemnations. All condemnation comes for Satan. Never believe him; you have been blood cleansed and blood protected.

Revelations 12:11 *"And they overcame him because of the blood of the Lamb and because of the word of their testimony, and they did not love their life even when faced with death."*

Romans 8:1 *"So now there is no condemnation for those who belong to Christ Jesus."*

6. Avoid deliberate sin! We know that those who have become part of God's family do not make a practice of sinning for God's Son holds them securely, and the evil one cannot get his hands on them.

1 John 1:9 *"If we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong."*

7. Rely upon the Holy Spirit to control your life, your emotions, your desires, and imaginations, together with your will, by deliberately giving Christ Lordship over them each day.

Romans 12:1-2 *"And so dear brothers and sisters, I plead with you to give your bodies to God. Let them be a living and holy sacrifice –the kind he will accept. When you think of what he has done for you, is this too much to ask?"*

Ephesians 5:18 *"Don't be drunk with wine, because that will ruin your life, Instead let the Holy Spirit fill and control you."*



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Galatians 3:5 *"So then, does He who provides you with the Spirit and works miracles among you, do it by the words of the Law, or by hearing with faith?"*

8. Take time to read, meditate on God's Word every day. If time is limited, carry scripture cards with you to look at in your free time.

Joshua 1:8 *"This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success."*

9. Wear the armor of spiritual warfare every day. Put on each piece prayerfully and be protected at all times. Don't forget to include prayer.

Ephesians 6:10-18 *"A final work: Be strong with the Lord's mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies and tricks of the Devil. For we are not fighting against people made of flesh and blood, but against the evil rulers and authorities of the unseen world, against those mighty powers of darkness who rule this world and against wicked spirits in the heavenly realms. Use every piece of God's armor to resist the enemy in the time of evil, so that after the battle you will still be standing firm. Stand your ground, putting on the sturdy belt of truth and the body armor of God's righteousness. For shoes, put on the peace that comes from the Good News, so that you will be fully prepared. In every battle you will need faith as your shield to stop the fiery arrows aimed at you by Satan. Put on salvation as your helmet and take the sword of the Spirit, which is the word of God. Pray at all times and on every occasion in the power of the Holy Spirit. Stay alert and be persistent in your prayers for all Christians everywhere."*

10. Keep your eyes and ears open for all the subtle traps the devil will leave around for you. Then call for help to your Heavenly Father and He will immediately answer you and give you the victory.

James 4:7 *"So humble yourselves before God. Resist the Devil, and he will flee from you. Draw close to God and God will draw closet to you."*

11. Concentrate and focus your thought and plans on what glorifies Jesus Christ and you will have victories all the time.

Colossians 1:1-3 *"Since you have been raised to new life with Christ, set your sights on the realities of heaven, where Christ sits at God's right hand in the place of honor and power. Let heaven fill your thoughts. Do not think only*



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about things here on earth. For you died when Christ died, and your real life is hidden with Christ in God."

12. Beware of thinking you can make it alone. You never will because God never intended that you should make it alone. Be smart, admit that you can't and then ask Him for His help.

John 15:5 *"Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing."*

Hebrews 13:5-6 *"Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you." So we say with confidence, "The lord is my helper; I will not be afraid. What can man do to me?""*

13. Break off wrong friendships and choose positive, clean living friends who put Jesus first. Break former habits that lead to sin. AVOID magazines, movies, television programs, Internet sites, and music that you should not see or hear.

Philippians 4:8 *"And now, dear brothers and sisters, let me say one more thing as I close this letter. Fix your thoughts on what is true and honorable and right. Think about things that are pure and lovely and admirable. Think about things that are excellent and worthy of praise."*

14. Never let up on warring against the No-no's-Criticism, negativity, doubt, selfishness, putting feels before faith, and prayerlessness. Stand against these things.

Galatians 5:19-26 *"When you follow the desires of your sinful nature, your lives will produce these evil results: sexual immorality, impure thoughts, eagerness for lustful pleasure, idolatry, participation in demonic activities, hostility, quarrelling, jealousy, outbursts of anger, selfish ambition, divisions, the feeling that everyone is wrong except those in your own little group, envy, drunkenness, wild parties and other kinds of sin. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God. But when the Holy Spirit controls our lives, he will produce this kind of fruit in us: love, joy, peace patience, kindness, goodness, faithfulness, gentleness, and self-control. Here there is not conflict with the law. Those who belong to Christ Jesus have nailed the passions and desires of the sinful nature to his cross and crucified them there. If we are living now by the Holy Spirit, let us follow the Holy Spirit's leading in every part of our lives."*



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Let us not become conceited, or irritate one another or be jealous of one another.

15. Be a praising thankful person, always giving thanks to God for His continuous goodness.

Psalm 103:6 *"The Lord gives righteousness and justice to all who are treated unfairly."*

16. Finally, receive by faith any/all of the nine personality needs supplied liberally by the Spirit of God from the glory of Jesus Christ at the right hand of His Father who is also your Father.

Galatians 5:22-23 *"But when the Holy Spirit controls our lives, he will produce this kind of fruit in us: love, joy, peace, kindness, goodness, faithfulness, gentleness, and self-control."*

Submission to the lordship of Jesus Christ and obedience to His will through His Word is essential to maintain freedom.

Ezekiel 36:25-27 *"Then I will sprinkle clean water on you, and you will be clean. Your filth will be washed away, and you will no longer worship idols. And I will give you a new heart with new and right desires, and I will put a new spirit in you. I will take out your stony heart of sin and give you a new, obedient heart. And I will put my Spirit in you so you will obey my laws and do whatever I command."*